

## What can I borrow?

The contents of the boxes vary, but will contain some of the following which will help to stimulate reminiscence:

- A variety of objects including household items
- Photographs
- Postcards
- Music
- Maps

## How do I borrow a reminiscence box?

Please contact the museum directly. Museum contact details can be found inside this leaflet

### *For further information about Hertfordshire Museums:*

Hertfordshire Museums, CHR003, Register Office Block, County Hall, Hertford SG13 8EJ

Email: [hertsmuseums@hertsc.gov.uk](mailto:hertsmuseums@hertsc.gov.uk)

[www.hertsmuseums.org.uk](http://www.hertsmuseums.org.uk)

Tel: 01992 556526



'The men loved the old red driving licence and the OXO tin with an assortment of bits and pieces'

**Day Care Centre Manager**



'I got a great deal of enjoyment seeing the smiles on the clients' faces when the items jogged their memories.'

**Museum volunteer**



## Museum loan boxes for Reminiscence



Museum contact details	Box Theme
<b>Ashwell Museum</b> Ashwell Museum, Swan Street, Ashwell, Baldock, Herts, SG7 5LU Tel: 01462 742956 Email: <a href="mailto:reminiscence@ashwellmuseum.org.uk">reminiscence@ashwellmuseum.org.uk</a> Web: <a href="http://www.ashwellmuseum.org.uk">www.ashwellmuseum.org.uk</a>	<ul style="list-style-type: none"> <li>• General reminiscence box</li> </ul>
<b>Bishops Stortford Museum</b> South Road, Bishop's Stortford, Herts, CM23 3JG Tel: 01279 651746 Email: <a href="mailto:museum@rhodesbishopsstortford.org.uk">museum@rhodesbishopsstortford.org.uk</a> Web: <a href="http://www.rhodesbishopsstortford.org.uk">www.rhodesbishopsstortford.org.uk</a>	<ul style="list-style-type: none"> <li>• General reminiscence box</li> </ul>
<b>Dacorum Heritage Trust</b> The Museum Store, Clarence Road, Berkhamsted, Herts, HP4 3YL Tel: 01442 879525 Email: <a href="mailto:curator@dacorumheritage.org.uk">curator@dacorumheritage.org.uk</a> Web: <a href="http://www.dacorumheritage.org.uk">www.dacorumheritage.org.uk</a>	<ul style="list-style-type: none"> <li>• An Evening Out</li> </ul>
<b>First Garden City Heritage Museum</b> 296 Norton Way South, Letchworth Garden City, Herts, SG6 1SU Tel: 01462 482710 Email: <a href="mailto:LindsayD@Letchworth.com">LindsayD@Letchworth.com</a> Web: <a href="http://www.gardencitymuseum.org">www.gardencitymuseum.org</a>	<ul style="list-style-type: none"> <li>• Work</li> <li>• Shopping</li> </ul>
<b>Museum of Technology, The Great War &amp; WWII</b> 81 High Street, Hemel Hempstead, Herts, HP1 3AH Tel: 01442 218381/262541 Email: <a href="mailto:rosemary@rosieat37.plus.com">rosemary@rosieat37.plus.com</a> Web: <a href="http://www.museumoftechnology.org.uk">www.museumoftechnology.org.uk</a>	<ul style="list-style-type: none"> <li>• At Home</li> <li>• Going Out</li> <li>• Ladies Things</li> </ul>
<b>Mill Green Museum</b> Mill Green, Hatfield, Herts, AL9 5PD Tel: 01707 271362 Email: <a href="mailto:museum@welhat.gov.uk">museum@welhat.gov.uk</a> Web: <a href="http://www.welhat.gov.uk/museum">www.welhat.gov.uk/museum</a>	<ul style="list-style-type: none"> <li>• General reminiscence box</li> </ul>
<b>North Herts Museums</b> Resource Centre Burymead Road, Hitchin, Herts, SG5 1RT Tel: 01462 422946 Email: <a href="mailto:cas.sanders@north-herts.gov.uk">cas.sanders@north-herts.gov.uk</a> Web: <a href="http://www.north-herts.gov.uk">www.north-herts.gov.uk</a>	<ul style="list-style-type: none"> <li>• At Home</li> <li>• Going Out</li> <li>• Seaside</li> </ul>
<b>Royston &amp; District Museum &amp; Art Gallery</b> 5 Lower King Street, Royston, Herts, SG8 5AL Tel: 01763 242587 Email: <a href="mailto:curator@roystonmuseum.org.uk">curator@roystonmuseum.org.uk</a> Web: <a href="http://www.roystonmuseum.org.uk">www.roystonmuseum.org.uk</a>	<ul style="list-style-type: none"> <li>• General reminiscence box</li> </ul>
<b>Stevenage Museum</b> St George's Way, Stevenage, Herts, SG1 1XX Tel: 01438 218884 Email: <a href="mailto:museum.education@stevenage.gov.uk">museum.education@stevenage.gov.uk</a> Web: <a href="http://www.stevenage.gov.uk/museum">www.stevenage.gov.uk/museum</a>	Boxes include: <ul style="list-style-type: none"> <li>• Kitchen</li> <li>• Home</li> </ul>
<b>Museum of St Albans</b> Hatfield Road, St Albans, Herts, AL1 3RR Tel: 01727 819582 or 01727 819340 Email: <a href="mailto:elanor.cowland@stalbans.gov.uk">elanor.cowland@stalbans.gov.uk</a> Web: <a href="http://www.stalbansmuseums.org.uk">www.stalbansmuseums.org.uk</a>	<ul style="list-style-type: none"> <li>• Childhood</li> <li>• WW2</li> <li>• Shopping &amp; Holidays</li> </ul>
<b>Ware Museum</b> The Priory Lodge, 89 High Street, Ware, Herts, SG12 9AL Tel: 01920 487848 Web: <a href="http://www.waremuseum.org.uk/">www.waremuseum.org.uk/</a>	<ul style="list-style-type: none"> <li>• General reminiscence box</li> </ul>

“Reminiscence work is so valuable; prompting a person's memories can impact positively upon their well-being, their self esteem and personhood.”

**Julie Heathcote Reminiscence trainer**